

Dementia-Caregiver Support Group

This group is for active caregivers (in any amount or capacity) who are caring for someone living with dementia (of all types and stages).

Caregiver support groups are ongoing meetings that provide caregivers a forum to connect with other caregivers where they can share issues, needs, concerns, and feelings in a confidential, safe, supportive, non-threatening, and non-judgmental atmosphere. It's a place where you know that everyone in the group understands your caregiving journey because they are experiencing the same or similar circumstances. This is a peer group, where each participant is free to share their issues as well as solutions and suggestions to help fellow group members.

When: Tuesday of the 2nd & 4th weeks, 11:00 a.m. – 12:00 p.m.

January 9, 2024 - March 26, 2024

Where: JGS Lifecare

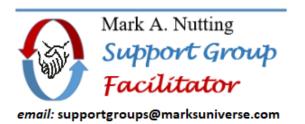
Leavitt Family Jewish Home Coffee Shop

770 Converse Street

Longmeadow, MA 01106

Cost: FREE

Capacity: Participants will be capped at ten



Register: by phone at:

(413) 935-1791

or by email to:

mschelb@JGSLifecare.org