



Dementia-Caregiver Support Group

This group is for active caregivers (*in any amount or capacity*) who are caring for someone living with dementia (*of all types and stages*).

Caregiver support groups are ongoing meetings that provide caregivers a forum to connect with other caregivers where they can share issues, needs, concerns, and feelings in a confidential, safe, supportive, non-threatening, and non-judgmental atmosphere. It's a place where you know that everyone in the group understands your caregiving journey because they are experiencing the same or similar circumstances. This is a peer group, where each participant is free to share their issues as well as solutions and suggestions to help fellow group members.

When: Tuesday of the 2nd & 4th weeks, 11:00 a.m. – 12:00 p.m.
January 9, 2024 – March 26, 2024

Where: JGS Lifecare
Leavitt Family Jewish Home Coffee Shop
770 Converse Street
Longmeadow, MA 01106

Cost: FREE

Capacity: Participants will be capped at ten



Mark A. Nutting
Support Group
Facilitator

email: supportgroups@marksuniverse.com

Register: by phone at:

(413) 935-1791

or by email to:

mschelb@JGSLifecare.org