

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March

Ruth's House

Assisted Living Community 2022

<p>10:00 Catholic Mass on TV/MR 11:00 Rummikub/AR <b>1:15 Out-Trip: American Kennel Club: Dog Show at Big E*</b> 3:15 Tea Time 6:15 Reading w/Phil/Lobby</p>	<p>9:30 Strength Training 10:15 "Who, What, Where" w/Greg/AR <b>11:00 Catholic Mass w/Father CJ/MR</b> 1:30 Pokeno Game/AR 3:15 Happy 110<sup>th</sup> Birthday to Oreo! Cookie Social /Lobby 6:15 Trivia w/Sue/AR</p>	<p>9:30 Strength Training 10:15 Word Game w/Greg 11:00 Communion/Lobby <b>11:15 Out-Trip: Lunch at Center Square Grill*</b> 2:15 Travelogue: How to Do Carnival in New Orleans &amp; Mardi Gras House Floats/MR 3:15 King Cake/Lobby 6:15 Movie Night <small>Mardi Gras</small></p>	<p>9:30 Strength Training <b>10:30 Ash Wednesday Services w/ Ashes/MR</b> 10:45 Reading Circle w/Deb 1:30 Bingo/AR 3:15 Ice Cream/Lobby 6:15 Documentary: Princess Diana: "A Life After Death" <small>Ash Wednesday</small></p>	<p>9:30 Strength Training 11:00 Manicures 1:15 Jewish &amp; Other Current Events with Rabbi /AR 2:15 Great Course Lecture on "American Presidents" &amp; Discussion w/Rabbi/MR 3:15 Wine &amp; Cheese/Lobby 6:15 Rummikub/AR</p>	<p>9:30 Strength Training <b>10:15 Out-Trip: Dollar Tree*</b> 1:00 Indoor Walking Group <b>2:00 Music Performance by Dave Brinnel /AR</b> 3:00 Hot Cocoa/Lobby 3:30 Shabbat Service w/Rabbi/AR 5:00 Shabbat Dinner</p>	<p>9:30 Chair Exercise 10:00 Shul-cast/MR 11:00 Rummikub/AR 2:30 Trivia/Lobby 3:15 Tea Time/Lobby 6:15 Classic TV Shows</p>
<p>10:00 Catholic Mass on TV/MR 11:00 Rummikub/AR <b>1:15 Out-Trip: American Kennel Club: Dog Show at Big E*</b> 3:15 Tea Time 6:15 Reading w/Phil/Lobby</p>	<p>9:30 Strength Training 10:15 "Who, What, Where" w/Greg/AR <b>11:00 Catholic Mass w/Father CJ/MR</b> 1:30 Pokeno Game/AR 3:15 Happy 110<sup>th</sup> Birthday to Oreo! Cookie Social /Lobby 6:15 Trivia w/Sue/AR</p>	<p>9:30 Strength Training 10:15 Word Game w/Greg 11:00 Communion/Lobby <b>1:30 Out-Trip: Mystery Ride*</b> 3:15 Fresh Fruit/Lobby 6:15 Movie Night</p>	<p>9:30 Strength Training 10:00 Reading Circle: "Be You" <i>Stories of Affirmation, Determination &amp; Female Empowerment /FPR</i> 11:00 Make your Own Gummies <b>2:00 Music Performance Vicki Rose/AR</b> 3:15 Ice Cream/Lobby 6:15 Documentary: Life is One: "Growing Up Sun Bear"</p>	<p>9:30 Yoga w/Laurie 11:00 Manicures 1:15 Jewish &amp; Other Current Events with Rabbi /AR 2:15 Great Course Lecture on "American Presidents" &amp; Discussion w/Rabbi/MR 3:15 Wine &amp; Cheese/Lobby 6:15 Rummikub/AR</p>	<p>9:30 Yoga w/Mera/AR 11:00 Arts n' Crafts: Drawing Class: Glitter Name Shamrocks/AR 1:30 Drumming Circle/AR 3:00 Hot Cocoa/Lobby 3:30 Shabbat Service w/Rabbi/AR 5:00 Shabbat Dinner</p>	<p>9:30 Chair Exercise 10:00 Shul-cast/MR 11:00 Rummikub/AR <b>11:00 Bright Spot Dog Therapy "Basie" Visits/Lobby</b> 2:30 Trivia/Lobby 3:15 Tea Time/Lobby 6:15 Classic TV Shows</p>
<p>10:00 Catholic Mass on TV/MR 11:00 Rummikub/AR 1:15 Bingo/AR 3:15 Tea Time 6:15 Reading w/Phil/Lobby <small>Daylight Saving Time Begins</small></p>	<p>9:30 Strength Training 11:00 Baking: Hamantashen Cookies 1:30 Pokeno Game/AR 3:15 Cookie Social/Lobby 4:00 Sing-a-long w/Suzie/AR 6:15 Trivia w/Sue/AR</p>	<p>9:30 Strength Training 11:00 Word Game w/Greg/AR 11:00 Communion/Lobby 1:00 Lobby Chat w/Greg <b>2:00 Music Therapy w/Lisa</b> 3:15 Fresh Fruit/Lobby <b>4:00 Out-Trip: Dinner at Texas Road House*</b> 6:15 Movie Night</p>	<p>9:30 Strength Training 10:15 Reading Circle: "Be You"/FPR 11:00 You Be the Judge! 1:30 Bingo/AR 3:15 Shamrock Shakes/Lobby 6:15 Purim Services/Livestream <small>Purim Begins</small></p>	<p><b>Happy Purim! Happy St. Patrick's Day!</b> 9:45 Yoga w/Laurie 11:00 Baking: Guinness Brownies/Cafe <b>2:30 Purim Party @ JNH*</b> 3:30 Guinness Brownies 6:15 Rummikub/AR <small>St. Patrick's Day</small></p>	<p>9:30 Strength Training 10:15 Reading Circle w/Deb 11:00 Arts n' Crafts: Beaded Bracelets/AR 1:30 Drumming Circle/AR 3:00 Hot Cocoa/Lobby 3:30 Shabbat Service w/Rabbi/AR 5:00 Shabbat Dinner</p>	<p>9:30 Chair Exercise 10:00 Shul-cast/MR 11:00 Rummikub/AR 2:30 Trivia/Lobby 3:15 Tea Time/Lobby 6:15 Classic TV Shows</p>
<p>10:00 Catholic Mass on TV/MR 11:00 Rummikub/AR 1:15 Bingo/AR 3:15 Tea Time 6:15 Reading w/Phil/Lobby <small>Spring Begins</small></p>	<p>9:30 Strength Training <b>10:30 Horticulture Lecture by Jeff the Plant Guy/AR</b> 1:30 Pokeno Game/AR 3:15 Cookie Social/Lobby 4:00 Chair Yoga/AR 6:15 Trivia w/Sue/AR</p>	<p>9:30 Strength Training 11:00 Body &amp; Mind Exercises/MR 11:00 Communion/Lobby <b>1:30 Sip &amp; Paint w/Becca/AR</b> 3:15 Fresh Fruit/Lobby 6:15 Movie Night</p>	<p>9:30 Strength Training 10:15 Reading Circle: "Chicken Soup for the Baseball Fans Soul"/FPR 11:00 You Be the Judge! <b>2:00 Music Performance by Dave Colucci/AR</b> 3:15 Ice Cream/Lobby 6:15 Documentary: "Seasons of the Sea"</p>	<p>9:45 Yoga w/Laurie 10:15 Word Game w/Greg/AR 11:00 Bingo/AR <b>1:30 Out-Trip: Ice Cream at the new Friendly's Café in Westfield*</b> 3:15 Wine &amp; Cheese/Lobby 6:15 Rummikub/AR</p>	<p>9:30 Strength Training 10:15 Manicures/AR 1:00 Indoor Walking Group <b>2:00 Birthday Celebrations &amp; Music Performance by Lenny Z./AR</b> 3:15 Hot Cocoa/Lobby 5:00 Shabbat Dinner</p>	<p>9:30 Chair Exercise 10:00 Shul-cast/MR 11:00 Rummikub/AR 2:30 Trivia/Lobby 3:15 Tea Time/Lobby 6:15 Classic TV Shows</p>
<p>10:00 Catholic Mass on TV/MR 11:00 Rummikub/AR 1:15 Bingo/AR 3:15 Tea Time 6:15 Reading w/Phil/Lobby</p>	<p>9:30 Strength Training <b>10:15 Out-Trip: Errands*</b> 1:15 Current Events w/Greg &amp; Tweety/Lobby 2:00 Pokeno Game/AR 3:15 Cookie Social/Lobby 4:00 Sing-a-long w/Suzie/AR 6:15 Trivia w/Sue/AR</p>	<p>9:30 Strength Training 10:15 Word Game w/Greg 11:00 Communion/Lobby 1:00 Floor Hockey Game/AR 2:00 LCR Game 3:15 Fresh Fruit/Lobby 6:15 Movie Night</p>	<p>9:30 Strength Training 10:15 Reading Circle: "Chicken Soup for the Baseball Fans Soul"/FPR <b>11:15 Out-Trip: Lunch at Red Rose*</b> 2:15 Bingo/AR 3:15 Ice Cream/Lobby 6:15 Documentary: "Top Cats"</p>	<p>9:30 Strength Training 11:00 Manicures <b>1:15 Resident Council Meeting/AR</b> 2:00 Arts n' Crafts: Spring Themed /AR 3:15 Wine &amp; Cheese/Lobby 6:15 Rummikub/AR</p>	<p><b>HAPPY BIRTHDAY</b></p> <p><b>John G. 3/7</b> <b>Mary B. 3/11</b> <b>Connie C. 3/13</b> <b>Eva L. 3/24</b> <b>Mae L. 3/28</b></p>	

All activities and/or times are subject to change to better serve our Residents. All changes will be posted on the daily activity sheets.